# om swastyastu.

May God be with you is a world famous greeting from the heart of Bali and we at Lezat Beach Restaurant mean it from our hearts too. The name "Lezat" is not French but a Balinese term for "Delicious! Lezat Beach Restaurant has been created to be a true representative of Balinese heritage culinary stretching back centuries, with it's unique history of creating distinctive flavours from combinations of the hot and spicy uses of chili peppers, shallots, ginger, garlic and the more mild ingredients of the coconuts cream and crisp flesh with turmeric, ripe tomatoes and the cornucopia of unique balinese fruits and vegetables such as the manggis (mangosteen), mangos and jack fruit to name but a few. Couple all this with the finest fresh of ingredients like locally sourced meat from controlled and certified butchers to freshly caught seafood and shrimp delivered daily by local fishermen and you have a recipe calling for added notches to the belt.

# our entertainment.



## **LIVE BALINESE DANCE**

EVERY SUNDAY, TUESDAY, THURSDAY, FRIDAY, SATURDAY. START FROM 7.30 - 8.30PM
Scan for booking seat by whatsapp



### LIVE ACOUSTIC MUSIC

MONDAY & WEDNESDAY FROM 6-9PM SATURDAY FROM 8-10PM

Scan for download our available menu

### **HAPPY HOURS**

TIME 5.30-7PM
25% discount for cocktail menu

(1) Lezat Beach Restaurant

info@lezatbeachrestaurant.com | www.lezatbeachrestaurant.com Whatsapp : +6281913909365 | Phone : +62363 41539

Jl. Raya Candidasa, Bali - Indonesia (80871)



# cooking class.

Balinese cooking and food preparation in the Balinese style is something that should not be missing from any holiday on the island of the Gods. Where the gods live, the Gods also eat. Balinese Cooking classes are held regularly at Lezat Beach Restaurant and form an integral part of the Bali Experience that every holiday maker should take home with them, after the than has faded and the sand is all washed out the best memories return around a portion of Spring Rolls (Minced Fish Wrapped Around Skewer) Fresh fish minced with Balinese spicy and coconut milk on lemon grass or bamboo stick and pisang goreng (Fried Banana). The best way to make this happen is to take part for your whole day cooking class. The total Balinese and Indonesian Cuisine Experience is Breakfast, Lunch and Dinner preparation and can take an entire day but we think you will agree it is a day you ( and your future guest ) will never forget. For those that are less ambitious or simply with less time to spare we have made the classes into modules that our guest can build into their own personalized cooking class, here the menus:

#### **BUMBU BALI (PASTE BUMBU BALI)**

(Basic spices of Balinese Cooking)

#### LUMPIA GORENG (FRIED SPRING ROLL)

(Lightly fried served with fresh organic salad and home made sweet chili sauce)

#### TUM BE SIAP

(Steamed slices of chicken with Balinese spicy wrapped with banana leaf)

#### TIPAT CANTOK (BALINESE GADO-GADO)

(Balinese style gado-gado with tipat (soft rice in young coconut leaves) bean sprouts, fried tofu and rice cracker in spicy peanut sauce)

SATE LILIT (MINCED FISH WRAPED AROUND SKEWER) (Fresh fish minced with Balinese spicy and coconut milk on lemon grass or

bambo stick)

#### PISANG GORENG (FRIED BANANA)

(Lightly fried battered golden banana served with greated coconut and palm sugar)

#### FOR MORE DETAILS PLEASE DISCUSS WITH OUR CHEF

- Price for one person IDR.650K
- Two person IDR.625K/person
- Three person and more IDR.600K/person

Include: Free shuttle around Candidasa Area, Hat & Appron, Certificate, Picture.

Traditional market tour IDR.200K/person (Min.

2 person).











# appetizer.

VEGETABLES SPRING ROLL - IDR.35K

## Lightly fried served with homemade thai style sweet chili sauce

GREEK SALAD - IDR.69K

Fresh tomato, cucumber, capsicum, onion, black olives and organic lettuce with feta cheese crumbled, oregano and lemon oil dressing

# TANGY PAPAYA AND PAMELO SALAD - IDR.35K

Fresh tangy papaya, carrot, bean sprout and shallot tossed with chilli spicy thai lemon dressing

#### CALAMARI FRITTER - IDR.56K

Lightly fried battered squid with cilantro lime mayonnaise

#### BRUSCHETTA - IDR.35K

Dice tomato, garlic, basil, black olive with lime oil dressing served with garlic bread

ONION PAKODA - IDR.47K 6

# soup.

TOMATO SOUP - IDR.39K 🎈

Thick rustic tomato soup with fresh basil served with garlic bread

#### SOTO AYAM - IDR.38K

Indonesian favourite chicken soup

### KOMOH BE PASIH - IDR.48K 📞

Balinese spicy fish soup with vegetables

#### PUMPKIN SOUP - IDR.35K

Thick fresh pumpkin soup served with swirled fresh cream and garlic bread

#### MORINGA SOUP - IDR.35K

Balinese soup with moringa leave and chayote

#### GAZPACHO - IDR.38K 💗

Fresh cold soup served with garlic bread









LIVE LOBSTER | LIVE GROOPER FISH | FRESH RED |
BABY SNAPER | FRESH PRAWN | FRESH CRAB

- 1. **GRILLED** served with steam rice or potato, vegetables and garlic butter or balinese sauce
- 2. **FRIED** server with vegetables, steamed rice or potato and garlic butter or balinese sauce
  - 3. STEAMED served with rice or potato and vegetables

GRILLED SEAFOOD COMBINATION (500gr) - MARKET PRICE Grilled mixed lobster, calamary and fish fillet with french fries, garlic butter sauce and sauteed vegetables

GRILLED JUMBO SEAFOOD (1000gr) - MARKET PRICE

Grilled mixed lobster, whole fish, prawn, calamary served with potato or rice, vegetables and two kinds of sauce

# side dish.

PLECING KANGKUNG - IDR.30K



Boiled water spinach and been sprout with Balinese spicy chili tomato sauce

KALAS KACANG PANJANG - IDR.30K

Long bean in Balinese sauce and coconut milk

SAUTEED MIX VEGETABLES - IDR.30K

Carrot, turnip, string bean sauteed with garlic



VEGETABLES URAB - IDR.32K VEGETABLES URAB - IDR.32K Indonesian popular dish combining blanched vegetables with a spiced grated coconut

CHAPATI BREAD - IDR.29K

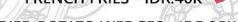


Authentic Indian bread

CUCUMBER RAITA - IDR.30K Cucumber in yoghurt and Indian spice



FRENCH FRIES - IDR.40K







STEAM RED RICE - IDR.20K 🏓





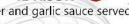




# indonesian selection.

**HEALTHY** 

#### SEAFOOD SUNA CEKUH - IDR.95K



Stir fried seafood with spicy aromatic ginger and garlic sauce served with steamed rice

#### NASI BALI - IDR.98K



Steamed rice cone surrounded with beef rendang, balinese chicken curry, vegetables urab, sate lilit, sweet tempe, tofu with peanut sauce, grated coconut with spice, hard boiled egg, sambal ulek and rice cracker

#### BALINESE SEAFOOD CURRY - IDR.115K

Fish, squid, prawn with balinese sauce served with mix rice and vegetable urab

#### BE PASIH SAMBAL MATAH - IDR.115K



Grilled fish with sambal matah served with steamed rice and vegetable urab

#### SEAFOOD SATE - IDR.125K 🍆



Mixed seafood skewer served with mixed rice, vegetable urab and balinese sauce

#### BEEF RENDANG - IDR.195K



Favourite indonesian and world best food from Indonesia, beef stewed in aromatic rendang sauce served with steamed rice and vegetables urab

#### BALINESE CHICKEN CURRY - IDR.90K



Aromatic spices Balinese curry sauce served with steamed rice and vegetables urab

#### CRISPY DUCK WANGI - IDR.125K



Traditional balinese fried duck served with steamed rice and vegetables urab

#### ORGANIC DUCK TUTU - IDR.135K



Traditional slow roast marinated half of duck with many kind balinese spiced served with steamed rice and vegetable urab

#### WHOLE FISH NYATNYAT - IDR.140K



Whole snaper stew with balinese sauce served with steamed rice

#### NASI GORENG BALI CHICKEN - IDR.65K



Fried rice with balinese sauce served with fried egg

#### NASI GORENG BALI SEAFOOD - IDR.85K

Fried rice with balinese sauce served with fried egg

#### MIE GORENG CHICKEN - IDR.70K

Fried noodle with chicken, mix vegetables and served with fried egg and rengginang cracker

#### MIE GORENG SEAFOOD - IDR.85K

Fried noodle with fresh fish, squid, prawn, mix vegetables and served with fried egg and rengginang cracker

#### CHICKEN SATE - IDR.90K

Traditional chicken skewer served with steamed rice, vegetable and peanut sauce









western selection.

#### **GRILLED FISH BARBEQUE SAUCE - IDR.115K**

Grilled fish fillet with fried potato and sauteed vegetables

#### FISH GARLIC CAPERS SAUCE - IDR.130K

Pan seared fish fillet on fried potato, grill vegetables with creamy garlic capers sauce

#### CHICKEN MOZZARELLA - IDR.125K

Pan breaded chicken stuff with mozzarella cheese served with potato sauteed vegetable and creamy mushroom sauce

#### CHICKEN PARMIGIANA WITH PASTA -IDR.125K

Breaded chicken in tomato sauce and mozzarella cheese served with pasta

# GRILLED FISH WITH TANGY PAPAYA AND PAMELO SALAD - IDR.110K

Grilled fresh fish served with tangy papaya salad and sweet fish sauce

# pasta & kids selection.

#### YOUR OWN CHOICE SANDWICH (MAX. 4 ITEMS) - IDR.75K

Homemade bread base with lettuce and make your own choice of fish, egg, chicken, cheese, onion, capcicum, eggplant, tomato in toasted served with fried potatoes

#### AROMATIC CHICKEN BURGER - IDR.79K

Chicken patty with aromatic spices on homemade burger bun, coleslaw, tomato, lettuce, grill onion and sliced cheese served with potato wedges

#### PASTA BOLOGNAISE - IDR.105K

Pasta with minced beef tomato paste sauce, topped with fresh tomato cube

#### PASTA NAPOLITANA - IDR.70K

Pasta with tomato and fresh champignon mushroom sauce

#### CHICKEN PRIKADLE - IDR.75K

Breaded chicken with vegetables served with fried potatoes and lime mayo

#### FISH AND CHIP - IDR.75K

Breaded fresh fish served fried potatoes and tartar sauce











## indian selection.

#### CHICKEN MADRAS KARE - IDR.90K

Chicken on spicy indian gravy with coconut milk served with chapati bread

#### PRAWN MADRAS KARE - IDR.199K

Prawn (250gr) on spicy Indian gravy with coconut milk served with chapati bread

CHICKEN VINDALOO - IDR.82K

Chicken on indian spicy sauce served with chapati bread

PRAWN VINDALOO - IDR.190K

Prawn (250gr) on Indian spicy sauce served with chapati bread

CHICKEN BIRYANI - IDR.140K

Aromatic indian rice preparation cooked on Indian spiced served with cucumber raita

### chinese selection.

STIR FRIED CHICKEN BLACK PEPPER SAUCE - IDR.95K



Chinese stir fried chicken with vegetables served with rice with black papper sauce

WHOLE FISH SWEET SPICY SOUR SAUCE - IDR.160K



Whole fried fish with sweet spicy sour sauce served with rice

HONEY GINGER PRAWN - IDR.170K



Stir fried prawn (250gr) and vegetables with honey ginger and crushed dry chili served with rice

#### KWETIAU WITH CHICKEN - IDR.80K

Stir fried kwetiau with chicken vegetables and fried egg

#### PRAWN OYSTER AND BLACK BEAN SAUCE - IDR.195K

Stir fried prawn (250gr) with oyster black bean sauce with vegetable and steam rice

# vegetarian selection.

GADO - GADO - IDR.65K 🍎 🖣



Authentic Indonesian vegetable with tempe, tofu, and potato with peanut sauce

#### BALINESE VEGETABLE CURRY - IDR.65K



Vegetables soy, bean cake, and tofu in balinese sauce and coconut milk served with steamed rice

#### OSENG TAHU TEMPE - IDR.65K



Indonesian stir fried tofu soy bean cake and vegetable served with steamed

#### VEGETARIAN SKEWER - IDR.75K



Beancake, egg plan, onion, capsicum skewer served with steamed rice and two kind of sauce









### HEALTHY

### dessert.

#### YOUR CHOICE OF ICE CREAM (PER SCOOP) - IDR.12K

Vanilla, chocolate and strawberry

MARKISA CAKE - IDR.45K 🏺

Passion fruit mix with Ice cream vanila, cream cheese on vanila sponge

PISANG GORENG LEZAT - IDR.35K 🍑

Lightly fried battered golden banana served with greated coconut and palm sugar

KOLAK PISANG - IDR.35K 🔎

Banana stewed in palm sugar

AUTHENTIC INDONESIAN DESSERT - IDR.35K

Best combination from dadar gulung, fried banana and pisang rai

DARK CHOCOLATE BROWNIES - IDR.37K

Chocolate brownies with vanilla ice cream

BANANA SPLIT CARAMEL - IDR.45K

Banana split with 3 scopes ice cream

RAW CHOCOLATE BOWL WITH TROPICAL FRUIT AND

YOGURT - IDR.85K

Kurma in cocoa and sesame seed served with tropical fruit and yogurt

KHEER - IDR.45K

Indian rice pudding

### coffee & tea.

BALINESSE COFFEE POT - IDR.25K

CAPPUCCINO (HOT /ICE) - IDR.45K

SINGLE ESPRESSO - IDR.30K

DOUBLE ESPRESSO - IDR.40K

ESPRESSO MACCHIATO - IDR.32K

CAFE LATTE (HOT/ICE) - IDR.40K

FLAT WHITE - IDR.40K

LONG BLACK (HOT/ICE) - IDR.45K

AMERICANO (HOT/ICE) - IDR.32K

JAVA TEA (HOT/ICE) - IDR.20K

**GINGER TEA - IDR.20K** 

**GREEN TEA - IDR.20K** 

PERKASA TEA - IDR.25K

Ginger- Hot Milk-Cinnamon Powder

ROSELA TEA - IDR.28K

Can eliminate cholesterol and reduce blood sugar LEMONGRASS GINGER TEA - IDR.20K

MORINGA TEA - IDR.22K

Herbal Tea, can make healthy body and eyes, and also can lower your cholesterol levels

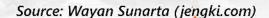






# balinese rijsttafel (megibung).

"Megibung, the tradition of King Karangasem's inheritance which was carried out after the end of the traditional ceremony, some groups of 4-8 people sitting cross-legged were close together. In the midst of serving rice mounds and side dishes on a tray. They eat mouthfuls for an orderly sip. The meal was interspersed with small talk. This is the Karangasem-style eating culturecalled megibung. The megibung tradition began in 1614 Caka (or 1692 AD), when one of the Kings of Karangasem, I Gusti Anglurah Ktut Karangasem, fought to conquer kingdoms in Sasak (Lombok). When the soldiers took a break, he made a meal rule called megibung. Until now the megibung tradition is still being carried out in Karangasem and Lombok, and has become the pride of the local community. Megibung is full of unique values and rules. In megibung, large amounts of rice are placed on top of the pan that has been coated with tamas. One serving of rice gibungan (rice and side dishes) enjoyed by one group is called one sela. In the past, one interrupted must be enjoyed by eight people. Now one can be enjoyed by less than eight people, such as 2-8 people. Megibung is full of together values. In megibung in general there is no difference in sex or color chess. One interrupted member, for example, can consist of men and women, or a mixture of groups. This shared value has been proclaimed since the days of I Gusti Anglurah Ktut Karangasem, and has become a tradition today.





Balinese rijsttafel consist with mix rice, chicken curry, pepes ikan (steam fish with balinese sauce), tum be siap (steam chicken with balinese sauce), moringa liklik, be pasih sambal matah (grilled fish with sambal matah), sambal, fried peanut, spicy, grated coconut, sate lilit (fish skewer) and authentic Indonesian dessert

## 'megibung' pricelist.

- 2 PERSON IDR.165K/Person (Include water, coffee & tea)
- 4 PERSON IDR.150K/Person (Include water, coffee & tea)
- 6 PERSON IDR.140K/Person (Include water, coffee & Tta)









## set menu indian.

3 COURSE - IDR.169K 1,2,3 OR 2,3,4

4 COURSE - IDR.199K 1,2,3,4

1. ONION PAKODA



Indian onion fritter

#### 2. INDIAN VEGETABLE SOUP

Vegetable in Indian spices

#### 3. CHICKEN MADRAS CURRY

Chicken with spicy Indian gravy with coconut milk served with chapati bread

4. KHEER 🔎 Indian rice pudding

## set menu vegetarian.

3 COURSE - IDR.188K 1,2,3 OR 2,3,4

4 COURSE - IDR.246K 1,2,3,4

#### 1. GREEK SALAD

Fresh tomato, cucumber, capsicum, onion, black olive and organic lettuce with lime oil dressing and crumble feta cheese

#### 2. PUMPKIN SOUP

Thick fresh pumpkin soup swirled fresh cream

#### 3. VEGETARIAN STEWER 🎾 🕈



Bean cake, egg plan, onion, capsicum, skewer served with 2 kind of sauce

#### 4. RAW CHOCOLATE BOWL WITH TROPICAL FRUIT AND YOGURT (

Kurma in cocoa and secame seed served with tropical fruit

## set menu seafood.

3 COURSE - IDR.232K 1,2,3 OR 2,3,4

4 COURSE - IDR.275K 1,2,3,4

#### 1. TANGY PAPAYA AND PAMELO SALAD



Fresh tangy papaya, carrot, bean sprout and shallot tossed with chilli spicy thai lemon dresing

#### 2. SEAFOOD TOMATO SOUP

Mix seafood prawn, calamary, fresh fish stew in fresh tomato and herh

#### 3. SEAFOOD BARBEQUE SAUCE

Grilled mix seafood prawn, calamary, fresh fish served with potato vegetables and BBQ

#### 4. DARK CHOCOLATE BROWNIES

Chocolate brownie with vanilla ice cream

### set menu indonesian.

3 COURSE - IDR.169K 1,2,3 OR 2,3,4

4 COURSE - IDR.199K 1,2,3,4

#### 1. VEGETABLES SPRING ROLL



Lightly fried served with homemade thai style sweet chilli sauce

#### 2. SOTO AYAM



Indonesian favorite chicken soup

#### 3. NASI BALI



Steamed rice cone surounded with beef rendang, balinese chicken curry, Urab, sate lilit, sweet tempe, tofu, peanut sauce, spicy grated coconut, hard boiled egg, sambal ulek and rice cracker

#### 4. AUTHENTIC INDONESIAN DESSERT



Best combination from dadar gulung, fried Banana, and pisang rai







# romantic candlelight dinner.

Do you want to combine your love for the sun with your favourite sweetheart? a beautiful day at the beach with your sweetie can set the stage for the perfect romantic day (and maybe an even more romantic evening) with long candlelight on jetty. Make it special menu of:



#### 1. ROMANTIC SETTING ONLY - IDR.350K

(Include 2 cocktails or small beer or juices)

#### 2. INDONESIAN ETHNIC - IDR.750K

(Include romantic setting)

#### VEGETABLES SPRING ROLLS



Lighty fried served with homemade thai styled sweet chili sauce

#### MORINGA SOUP



Balinese soup with moringa leave and chayote

#### TUMPENG NASI KUNING



To colebrate your love and will take up your future with special yellow rice surronding by chicken curry, beef rendang, fish sambal matah, chicken sate, vegetable urab and honey ginger prawn

#### AUTHENTIC INDONESIAN DESSERT



Best combination from dadar gulung, fried Banana, and pisang rai

#### 3. PREMIUM WESTERN - IDR.1537K

(Include romantic setting)

#### GREEK SALAD



Fresh tomato, cucumber, capsicum, onion black olive, and organic lettuce with fetta chesse crumble, oregano and lemon oil dressing

#### TOMATO SOUP 🏺



Thick rustic tomato soup with fresh basil served with garlic bread

#### GRILLED JUMBO SEAFOOD PLATTER

Grilled combination of lobster, whole fish, prawn, squid, fresh fillet fish served with fried potato wedges, sauteed vegetables and two kind of sauce

#### CHOCOLATE CAKE IN LOVE

Love symbol cake layered with chocolate ganace



# friday orphan.

We are honored to invite you to join us for an afternoon High Tea in Paradise Every Friday 4:30 – 6 PM where you will also learn the secret of making those wonderful Balinese sweet cakes Jaje Laklak along with many other delectable Balinese sweet cakes and snacks. The High Tea is complimentary but we will ask you to help us support the orphans of the local Yasa Kerti Foundation in Amlapura in any way you feel you can. Of the many daily offerings you will have seen here on Bali we would like to share Canang Sari with you our guests, it is of special importance to our orphans. Not everything on Bali is as happy as it sometimes seems - but we try to help where we can. This "help" takes the form of paying for all her school fees and supplies, transport, uniforms and giving her a little pocket money - all of this is made possible through your kind and generous donations, tips and with some extra assistance from the Ashyana holding company. Ni Wayan Sri Astiti often joins us at the hotel and has become a member of the Ashyana family.

## tipping system.

First of all we thank you from the bottom of our hearts for you generosity and we also would like to inform you that we set aside 20% of the tip money you so generously gave for social and charitable needs such as helping less gifted and disabled children along with supporting the Yasa Kerti Orphanage in Amlapura who are currently caring for over 25 children all variously needy of our help and many with physical and mental disabilities. The remaining 80% of your generous tips are collected and distributed to the all staff who have earned them every six months, one week before the most holy ceremonial day of Galungan which comes every 210 days and is very similar to the Christian holiday of Christmas in its importance to Hindus. On behalf of the Hotel. Management we would like to thank you for your interest and we welcome all comments or any questions you may have. The typing box is in our lobby and the centre of the beach

